



# HANS RAJ MAHILA MAHA VIDYALAYA JALANDHAR (PUNJAB) INDIA



AFFILIATED TO  
GURU NANAK DEV UNIVERSITY, AMRITSAR



MANAGED BY  
DAV COLLEGE MANAGING COMMITTEE, NEW DELHI



# INTERACTIVE FRENCH LEARNING



BASIC TO ADVANCED LEVEL

**DURATION**

30 Hours

**FEE**

Rs. 1000/-

**COORDINATOR**

**MRS. BINO O GUPTA**

94640-79322

**INCHARGE**

**DR. SHAVETA CHAUHAN**

98551-96798



Let's  
Connect

**PHONE**

0181-2253710, 2204198

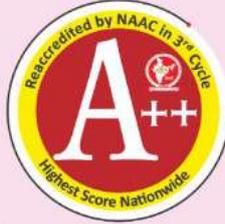
**WEBSITE**

[www.hrmmv.org](http://www.hrmmv.org)



Empowering Women Since 1927...

**HANS RAJ MAHILA MAHA VIDYALAYA**  
JALANDHAR (PUNJAB) INDIA



*Golden Opportunity to Enhance your favourite Skills through*  
**Short Term Course on**

# *Self Grooming*

by Dynamic Growth Society

## Components of the Course

- Dance Class
- Yoga Class
- Self Defence Training
- Self Make-up
- Dressing Techniques
- Diet consciousness
- Health Awareness



Mrs. Binoo Gupta  
Coordinator

Mrs. Kuljit Kaur  
Incharge

Prof. Dr. (Mrs.) Ajay Sareen  
Principal

Web:- [www.hrmmv.org](http://www.hrmmv.org) | E-mail:- [hmv\\_jal@yahoo.co.in](mailto:hmv_jal@yahoo.co.in), [hmvjal1@gmail.com](mailto:hmvjal1@gmail.com)  
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**HANS RAJ MAHILA MAHA VIDYALAYA, JALANDHAR**

Dated:31/03/2023

No.

**Notice**

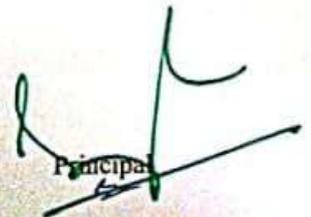
It is for the information of the faculty and students that Commerce Club of PG Deptt. of Commerce and Management is organizing a session on **Personality Development : An Image Make-over "Transforming you inside out"** in collaboration with **The Primis Impressions Academy** on 03/04/2023 from 10.00 a.m. onwards at **SDC Conference Hall**, to mark the celebrations of **97<sup>th</sup> Foundation Day of HMV**. Resource person for the session will be **CA Swinki Singhal**. It is compulsory for all the members of Student Council, Task Force and other office bearers of clubs/societies to attend this session.

The following faculty members are hereby assigned duties for the same:-

1. **Organising Committee**  
Mrs. Bino0 Gupta  
Mrs. Shefali Kashyap  
Mrs. Kanika Sharma
2. **Registration Committee**  
Mrs. Shefali Kashyap  
Mrs. Kanika Sharma
3. **Designing and Making of E-Banner**  
Mrs. Shefali Kashyap  
Mr. Ashish Chadha
4. **Planter and Water Arrangement at Venue**  
Mrs. Kanika Sharma  
Ms. Yaagrika Bhatti  
**Helper**  
Mrs. Rajni
5. **Stage Conduct**  
Mrs. Kanika Sharma
6. **Video Recording and Technical Assistance**  
Mr. Vidhu Vohra  
Mr. Arvind Chandi  
*Mr. Tarun to provide electricity*
7. **Hospitality**  
Ms. Shayna Monga
8. **Lighting of Lamp**  
Mrs. Kanika Sharma  
Ms. Yaagrika Bhatti
9. **Report writing and maintaining of Attendance Record**  
Mrs. Shefali Kashyap  
Ms. Shayna Monga
10. **Detailed Record of Event alongwith E-photographs**  
Mrs. Shefali Kashyap  
Mrs. Kanika Sharma
11. **Group Photograph**  
Mrs. Kanika Sharma

Copy to:-

1. E-circulation
2. Mrs. Bino0 Gupta
3. Mrs. Shefali Kashyap
4. Mrs. Kanika Sharma
5. Supdt Admn.

  
Principal

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3. Mrs. Shefali Kashyap
4. Dean Student Council
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H-

Empowering women since 1927

# The HMV Vision



H.M.V. Newsletter, For Private Circulation, Free Distribution



Vol-3

Page-4

Jalandhar

Tuesday 1 November 2022

## HMV organized Jashan-E-Diwali 2022



**T**he Skill Departments of Hans Raj Mahila Maha Vidyalaya, Jalandhar organized Exhibition Cum sale of Artistic and Designer products "Jashan-E-Diwali" under the able guidance of Principal Prof. Dr. (Mrs.) Ajay Seen. The students exhibited their creativity and displayed artistic, handmade, creative products, designer furniture, Wall hangings, Paintings, Lights etc. The Home Science Department also had a stall of Golgappe, Chat and other eatables. The Cosmetology Department had their stall of Nail Art and Mehandi. The Chief Guest of the occasion was Advocate Vikrant Rana, State Joint Secretary, Legal Wing, Aam Aadmi Party, Punjab. He appreciated the art work and said that such exhibitions encourage the students for exhibiting their skills and making them independent.

Such endeavours make them realize their own culture and traditions. Principal Prof. Dr. (Mrs.) Ajay Sareen congratulated the organizing team and said that such exhibitions enhance the creativity of the students. She also gave best wishes on the occasion of Diwali. The exhibition was organized under the incharge of Dean Innovation Dr. Anjana Bhatia and Convener Dr. Rakhi Mehta. All the staff members and students enjoyed the exhibition.

**The students exhibited their creativity and displayed artistic, handmade, creative products, designer furniture, Wall hangings, Paintings, Lights etc.**



## M.A. Hindi Sem-4 students of HMV brought laurels



The students of M.A. (Hindi) Sem-4 of Hans Raj Mahila Maha Vidyalaya, Jalandhar brought laurels by winning top positions in University. Rukhsana got 3rd position with 1399 marks out of 1800. Chetna got 4th position with 1319 marks and Preeti got 6th position with 1319 marks. Principal Prof. Dr. (Mrs.) Ajay Sareen congratulated the students and Head of Department Dr. Jyoti Gogia. Mrs. Pawan Kumari and Dr. Deepti Dhir also congratulated the students.



## HMV students won GOLD MEDALS in 36TH NATIONAL GAMES

Lute Mayuri won Gold Medal in Cycling and Radhika won Gold Medal in Wrestling Competition. Principal Prof. Dr. (Mrs.) Ajay Sareen congratulated the winners



The players of Hans Raj Mahila Maha Vidyalaya, Jalandhar won Gold Medals in 36th National Games, 2022 held at Gujarat. Lute Mayuri won Gold Medal in Cycling and Radhika won Gold Medal in Wrestling Competition. Principal Prof. Dr. (Mrs.) Ajay Sareen congratulated the winners and said that HMV has always contributed a lot in sports arena at National and International Level. On this occasion faculty members of Sports Department Dr. Navneet Kaur, Ms. Ramandeep Kaur and Ms. Harpreet Kaur were also present.

**HANS RAJ MAHILA MAHA VIDYALAYA JALANDHAR (PUNJAB) INDIA**

96 YEARS OF EXCELLENCE

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ACCREDITED BY NAAC A+ GRADE

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Learn French

Let's Connect

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WEBSITE: www.hrmv.org

REGISTER NOW

## Copy of Notices

HANS RAJ MAHILA MAHA VIDYALAYA, JALANDHAR

No.

Dated:31/03/2023

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3. Mrs. Shefali Kashyap
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**HANS RAJ MAHILA MAHA VIDYALAYA, JALANDHAR**

No.

Dated: 25/08/2022

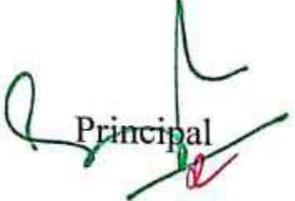
**Notice**

It is for the information of the faculty, staff and students that the class of the Skilled Certificate Course of '**Interactive French Learning-Basic Level (AO)**' is going to start in the college from 1<sup>st</sup> week of September. Duration of the course is 30 hours. Classes will be held on Saturday (Evening) and Sunday (Morning). The nominal fee of the course is Rs. 1000/- only. Registration Forms are available at College reception.

Those who are interested are advised to deposit fee in the Accounts Office and submit the registration forms mentioning receipt details for the same to Dr. Shaveta Chauhan, Incharge by 30.08.2022.

The outside girl students can also avail the facility to join the said course.

For further queries they may contact Mrs. Binoo Gupta, Course Coordinator for the same.

  
Principal

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1. E-circulation
2. Information Corner
3. Mentoring Groups
4. Dean Academic
5. Mrs. Binoo Gupta
6. Dr. Shaveta Chauhan
7. Supdt. A/c
8. Supdt. General
9. Supdt. Admin

**HANS RAJ MAHILA MAHA VIDYALAYA, JALANDHAR**

No. 278

Dated: 19/09/2022

**Notice**

It is for the information of the students that the Demo class of the Skilled Certificate Course of '**Interactive French Learning-Basic to Advanced Level**' is being organized in the college on 21<sup>st</sup> September, 2022 from 3:00 p.m. to 4:00 p.m. in Room No. 1.

Those students who are interested in attending the above class are advised to fill the google form attached herewith.

<https://forms.gle/sZBJomcrmbg3KDz6A>

For further queries they may contact Mrs. Binoo Gupta, Course Coordinator and Dr. Shaveta Chauhan for the same.

  
Principal

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3. Mentoring Groups
4. Dean Academics
5. Mrs. Binoo Gupta
6. Dr. Shaveta Chauhan
7. Supdt. Admin